

THE



FOUNDATION

Creating a Foundation for the Future of Healthcare in Southeast Arkansas



Congratulations Graduates!

Jefferson Regional School of Nursing December 2024 Graduating Class

**February
2025**

Scholarships
Awarded
Page 1

Golf
Tournament
Page 2

March
Madness
Page 3

Wound
Care
Page 6

Scholarships Awarded

Congratulations to the December 2024 graduating class from Jefferson Regional School of Nursing! It is a moment of great pride to celebrate the accomplishments of our newest nursing professionals. We are confident in their ability to make meaningful contributions to healthcare and look forward to seeing the positive impact they will make in the lives of others! The Jefferson Regional Foundation is proud to award scholarships for each graduating class.

Nursing Scholarship Recipients:

Julie Bridgforth Scholarship

Mackenzie McDaniel

Trinity Foundation Marshall Scholarships

Kenshaidis Bailey

Christy Runion

Cali Shillings

Lauren Tomboli

New!

Pastoral Care Program

Jefferson Regional is proud to announce the launch of its new Pastoral Care Program, a volunteer initiative aimed at providing support during difficult times. Spearheaded by Jefferson Regional Foundation board member Colonel Nate Todd, this program will offer patients, family members, and hospital employees access to dedicated members of the faith-based community when facing hospitalization, difficult diagnosis, or other challenges. The team consists of volunteers from the Jefferson County faith community and represents a compassionate effort to promote healing and comfort.

For details contact:

Laura Beth Shaner at 870-541-7210



Save The Date

5th Annual

GOLF TOURNAMENT

**Friday, May 2nd, 2025
Pine Bluff Country Club**

To register or for sponsorship information contact Laura Beth Shaner at 870-541-7210, 870-692-8209, or shanerl@jrmc.org.

The Boutique
and Resource Center



Boutique Set to Open at Cancer Center

Jefferson Regional is excited to announce the upcoming opening of the Jones-Dunklin Cancer Center Boutique & Resource Center! Located within the Jones-Dunklin Cancer Center, this new facility will soon be available to patients and their families, offering a wide array of support and resources. The Boutique and Resource Center will feature educational materials alongside practical items such as wigs, prosthetic bras and tops, head wraps, and more—specifically designed to meet the needs of cancer patients. Additionally, the center will provide soothing lotions, oils, and nutritional smoothies to enhance comfort and wellness. This incredible initiative has been made possible thanks to the generosity of the Kline Family Foundation, and we extend our heartfelt gratitude for their support in bringing this vision to life!



MARCH

MADNESS

20

25

WELLNESS

EVENT

**Tuesday
March 18th
2025**

4PM-7PM

**White Hall
Community Center**

9801 Dollarway Road
White Hall, AR 71602

FREE Health Screenings!

FREE PSA Blood Test
FREE Diabetic Testing
FREE Cholesterol Testing
FREE Blood Pressure Checks
FREE Cancer Screening
FREE Mammogram Education

FREE Weight/Body Fat Percentage
FREE Grip Strength Testing
FREE Balance Testing
FREE Stroke Education
FREE Urology Education &
Product Demonstrations

FREE Wings & Pizza!

Watch the game/pre-game on the BIG Screen TV!

Grand Prize sponsored by Hunter's Refuge: \$500 Gift Card!

Meet Our Urologists:



Nathan Green, MD
Nick Scherzer, MD
Jordan Hanberry, MD

Living Well With Diabetes Support Group



Did You know that Jefferson Regional offers a monthly Diabetes Support Group designed to help you live well with diabetes? This is a great opportunity to share your experiences, gain valuable insights, and connect with others facing similar challenges. The next scheduled meetings will be **March 20th and April 17th** at the Jefferson Regional Wellness Center in Pine Bluff. The group meets at 5:30 pm.



Presentations on dietary management, keeping track of your blood sugars, weight loss, new technologies, medications & other diabetic care topics



Diabetes Resources



Encouragement



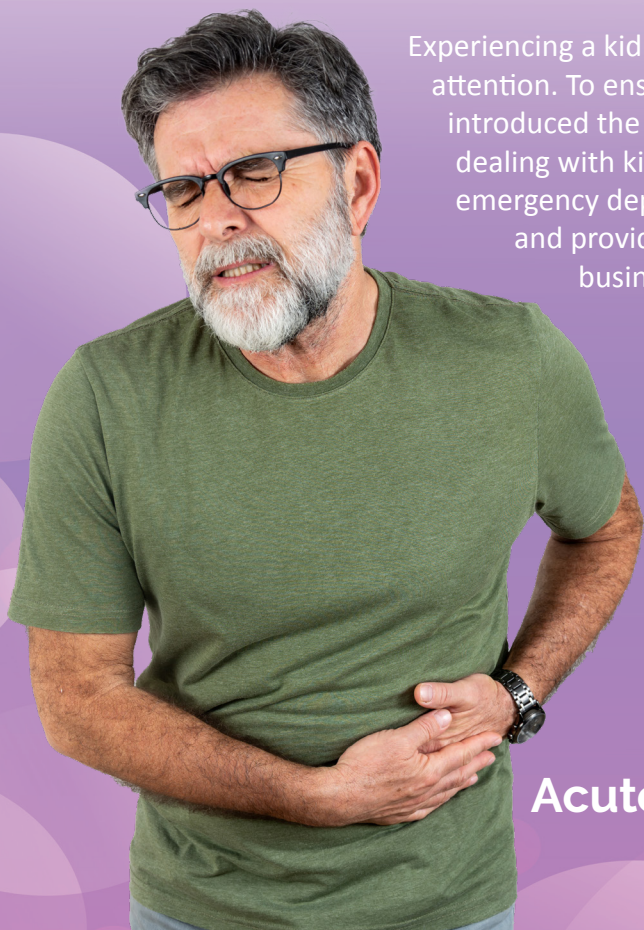
Tips on how to explore your diabetic challenges



Questions

For more details about the support group, please call 870-541-7486.

New Acute Kidney Stone Hotline!



Experiencing a kidney stone is a serious medical condition that requires prompt attention. To ensure faster care, Jefferson Regional Urology Associates has introduced the Acute Stone Hotline, designed specifically to prioritize patients dealing with kidney stones. This hotline is accessible to primary care providers, emergency departments, and even patients themselves. By calling the hotline and providing your information, you will receive a follow-up within one business day to schedule an appointment with a urology provider.

It's important to note that having one kidney stone increases your likelihood of developing another. Understanding what causes kidney stones and how to prevent them is crucial. Our skilled Urologists are here to help guide you every step of the way.



**Jefferson Regional
Urology Associates**

Acute Kidney Stone Hotline: 870-541-6062

Services for New & Expectant Moms!

In partnership with the Blue & You Foundation, Jefferson Regional has some exciting new offerings for new and expectant moms, including:

■ Free Childbirth & Breastfeeding Classes

We are proud to offer FREE childbirth and breastfeeding classes for our expecting mothers through Birthly! For more details on how to sign up, contact Jefferson Regional OB/GYN Associates at **870-541-6045**.

■ Sleep Sacks for Newborns

Each new mom will receive a sleep sack for her newborn. Sleep sacks are an excellent way to help create a safer sleep environment for babies and help reduce the risk of SIDS.

■ Maternal Wellness Memberships

New Wellness Center classes and free 12 month memberships are available for each new mother delivering at Jefferson Regional.



REPS for Moms Class Now Being Offered!

We are excited to announce a new class for Postpartum Mothers called REPS for Moms! The Pine Bluff Wellness Center will have group fitness classes every Monday at 12 noon and Wednesday at 4:30 pm. We will also have a group class using the equipment on the gym floor every Thursday at 12 pm. Our AFPA certified Prenatal and Postpartum Fitness Specialists are pleased to support maternal health in Southeast Arkansas!

For more information call **870-541-7890**.



AFPA Certified Instructors!



Exciting Updates!



New Leadership at Wound Care Center

Jefferson Regional Wound Care is now under new leadership! Providing the same exceptional care you've come to trust, the center is now led by Lee A. Forestiere, MD, who will serve as the Medical Director and oversee all aspects of care. Don't worry – Dr. Forestiere still sees patients at Jefferson Regional Surgical Associates too!

Joining the team and seeing patients daily is Kelly Wright, APRN, bringing her expertise and dedication to ensuring the best outcomes for our patients.

For more information or to refer a patient, please call us at **870-541-8747**. We look forward to continuing to serve our community with excellence in wound care!



Lee Forestiere, MD Medical Director (left) and Kelly Wright, APRN

4310 South Mulberry
Pine Bluff, AR 71603

870-541-8747

Coffee Shop

Come See us!

Next time you're in the area, stop by the Jefferson Regional Lobby and sample some of Jefferson Java's delicious offerings! And just so you know, we are proudly serving Starbucks Premium Coffees!



Hours:

Mon. - Thu. | 7 am - 2:30 pm
Fri. | 7 am - 12 noon



1600 W. 40th Ave., Pine Bluff, AR 71603

Wellness

has never been more convenient!



Two Locations

Pine Bluff

1301 West 40th
Pine Bluff, AR 71603

White Hall

1600 W. Holland
White Hall, AR 71602

Join Today!

Details: 870-541-7890